Current / recent surveys

- Bedfordshire
- Blackpool
- Bristol
- Cambridgeshire
- Cornwall
- Croydon
- Derbyshire
- Devon
- Dudley
- Ealing
- Essex
- Gateshead
- Haringey
- Hertfordshire
- Isle of Wight
- Kingston
- Knowsley
- Lambeth
- North Yorkshire
- Oldham
- Peterborough
- Richmond
- Rochdale
- Solihull
- Southwark
- Southwark
- Warrington
- Wolverhampton
Fear of being bullied

Do you ever feel afraid of going to school because of bullying? (57)/(611)

1. 93% of the Year 6 females feel bullied at least sometimes.
2. The figures are more marked for the males and Year 6 and Year 8 pupils are more concerned than Year 11 pupils.

Comments

1. We have drawn attention to bullying incidents in different schools which indicate that bullying can have a profound effect on many pupils. The figures show that bullying is a significant problem in many schools.
2. It is evident that bullying is a widespread problem and that it affects a significant number of pupils. The figures suggest that bullying is more common in Years 6 and 8 than in Year 11.

Percentage of the female sample higher than males. This is particularly notable for the lower years (15-17 year-olds), with the figures showing a significantly higher incidence of bullying in these years. The figures also indicate that bullying is more common in girls than in boys.

Note: The figures are based on a sample of 1,000 pupils drawn from different schools across the country.
Why take part?...

- Schools Health Education Unit
- No cost to schools
- Information /evidence about pupil health and well-being
- Compares your school with the local district county picture
- Over 1,000,000 pupils in primary and secondary schools have taken part in the survey over the past 30 years.
- The data provides schools and local authorities with reliable data to support planning
Questionnaires

THE HEALTH-RELATED BEHAVIOUR QUESTIONNAIRE

We are doing this questionnaire because we want some information that will help our school make the best possible programme of health education that is right for you and other people in the school. The information will also help the NHS in planning health care and health education for young people. These questionnaires are confidential and will not be read by anyone connected with your school.

The questionnaire is not a test and is voluntary. All answers will be kept confidential by the team.

1) Please answer all questions honestly.
2) DO NOT write your name on this answer sheet.
3) Your teacher or supervisor will answer these questions in the case of any difficulties.

A) Are you male or female?
   0 = Male 1 = Female

B) Which school year are you in?

C) Which LOCAL DAILY newspaper do you read?
   If your family doesn't get any newspaper, write "none".

D) Which of the following NATURAL FIBRES do you wear on a daily basis?
   1 = cotton 2 = polyester 3 = wool

SchoolSurveys

Welcome to School Surveys, here you can design and run internet surveys for your school or group. We provide all the facilities you need for managing a survey whilst it is running and then for analysing or downloading your results. To help you design your survey we have a set of predefined questions on Personal, Social and Health Education (PSHE) topics which you can include.

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School Surveys can be used by groups of schools or Local Authorities for surveys of wider populations. We provide facilities for you to manage and deploy your surveys. Many of the predefined questions on PSHE topics have been developed and tested by the Schools Health Education Unit over a substantial period of time and provide reliable information about health issues. Your results for these questions can be compared with large UK samples or against historical trends.

HealthSurveys

Welcome to HealthSurveys, if you have been given a personal ID and asked to complete a survey, click the Login link below to get started. If you are interested in conducting a survey and analysing the results then use the menu links on the left.

Login here to complete a survey
Before you start you will need to know your Organisation Code and Personal ID.

Login for tutors to plan and setup online surveys.

Further Education Student Health and Lifestyle Survey

This is a survey about the health and lifestyle of students in further education. The purpose of this questionnaire is to ask about your health and factors that may relate to your physical and emotional well being.

The survey is part of a research project exploring student health and health needs in the 2000’s. It is important that as many students as possible respond to the survey, so that the needs and experiences of all sectors of the survey groups can be considered.

FURTHER EDUCATION STUDENT HEALTH AND LIFESTYLE SURVEY

Welcome to the further education student health and lifestyle survey. This survey is designed to gather information about your lifestyle and it will take you approximately 20 minutes to complete.

The survey is anonymous and your responses will be kept confidential. We would appreciate it if you would take some time to complete it.

This survey is designed to help us understand the health and lifestyle of students in further education. It will be used to identify areas in which we can improve the health and well being services available to students.

The survey is part of a research project exploring student health and health needs in the 2000’s. It is important that as many students as possible respond to the survey, so that the needs and experiences of all sectors of the survey groups can be considered.
SCYPS topic areas

Topics include

- Citizenship
- Drugs, Alcohol and Tobacco
- Emotional Health and Well-being
- Healthy Eating
- Physical Activity
- Safety
- Sex and Relationships
Ofsted - Quality of the curriculum
‘Outstanding’
The imaginative and stimulating PSHE education curriculum is skilfully designed, taking into account local health and social data and the full range of pupils’ needs, interests and aspirations.

The programme is explicit, comprehensive and coherent and the statutory elements of sex and relationships education (SRE) are fully met.

The programme for personal well-being is very highly regarded by pupils and enables them to lead safe and healthy lives.
Ofsted - Achievement of pupils
‘Outstanding’

- They understand extremely well how to keep themselves and others healthy and safe and are very well aware of, for example, the dangers of substance misuse.
- Pupils have a very strong understanding of how to recognise and deal with mental health problems such as stress or eating disorders.
- Pupils have developed discernment and resilience and know how to resist peer pressure effectively; they understand very well how to seek further help and advice if they need it.
- All pupils understand very well the impact of bullying on others and actively challenge all forms of bullying including racist, disablist, homophobic and transphobic language.
What do schools get?

- Results available online immediately
- Results by year group and gender
- Headline report
- Report comparisons with area
- Significant differences reports
School Report

Summary of figures from the tables, with accompanying text

Comparison of your data with compilation of data from all the schools
**School Headline Results**

The sample

This survey involved pupils from the following years. The numbers in each group are shown below.

<table>
<thead>
<tr>
<th>Example</th>
<th>Yr 8</th>
<th>Yr 10</th>
<th>All Area</th>
<th>Yr 8</th>
<th>Yr 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boys</td>
<td>206</td>
<td>172</td>
<td>1096</td>
<td>831</td>
<td></td>
</tr>
<tr>
<td>Girls</td>
<td>156</td>
<td>134</td>
<td>857</td>
<td>654</td>
<td></td>
</tr>
</tbody>
</table>

% - Example School / (%) - Wider data / [%] - SHEU

**BE HEALTHY**

**FOOD AND DIET**

- 19% (19%) of boys and 8% (7%) of girls responded that they ‘never’ consider their health when choosing what to eat.
- 15% (12%) of boys and 16% (20%) of girls consider their health when choosing what to eat ‘very often’ or ‘always’.
- 29% (26%) of boys and 55% (52%) of girls would like to lose weight. 54% (57%) [45%] of pupils are happy with their weight as it is.
- 6% (8%) [13%] in this survey had nothing for breakfast, while 4% (3%) [3%] had a cooked breakfast on the day of the survey.
- 8% (9%) [14%] of pupils in this survey had no lunch on the day before the survey.
- 21% (30%) [53%] had a school lunch and 2% (3%) [5%] bought lunch from a takeaway or shop on the day before the survey.
- 6% (7%) of boys and 9% (11%) of girls said they didn’t drink any water on the day before.
- 32% (30%) [36%] had an alcoholic drink in the last week.
- 11% (9%) [12%] drank alcohol on more than one day in the last week.
- 12% (10%) of pupils got drunk in the last week.
- 4% (3%) got drunk on more than one day in the last week.
- 9% (9%) [7%] of pupils drank over the advised weekly limit for adult females of 14 units.
- 68% (67%) [67%] of those who drink alcohol at home said that their parents ‘always’ know.
- 8% (8%) [13%] of all pupils said their parents know ‘sometimes’ at best if they drink alcohol at home.
- 36% (33%) [36%] reported they are ‘fairly sure’ or ‘certain’ that they know someone who uses drugs that are not medicines.
- 20% (19%) [17%] of pupils have been offered cannabis.
- 14% (14%) [12%] of pupils have been offered other drugs.
**Significant differences report**

### List of Significant Differences

**The sample**

This survey involved pupils from the following years. The numbers in each group are shown below.

<table>
<thead>
<tr>
<th></th>
<th>Example</th>
<th>All Area</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Yr 8</td>
<td>Yr 10</td>
</tr>
<tr>
<td>Boys</td>
<td>206</td>
<td>172</td>
</tr>
<tr>
<td>Girls</td>
<td>156</td>
<td>134</td>
</tr>
</tbody>
</table>

% - Your school / (%) - Wider data

<table>
<thead>
<tr>
<th>Diff</th>
<th>Your</th>
<th>Wider</th>
<th>Question</th>
</tr>
</thead>
<tbody>
<tr>
<td>***</td>
<td>14%</td>
<td>8%</td>
<td>said they have a special job in their class in school.</td>
</tr>
<tr>
<td>***</td>
<td>60%</td>
<td>50%</td>
<td>said they were treated for an accident by doctor or at a hospital within the last year.</td>
</tr>
<tr>
<td>***</td>
<td>76%</td>
<td>68%</td>
<td>said their family owns at least two cars or vans.</td>
</tr>
<tr>
<td>***</td>
<td>78%</td>
<td>70%</td>
<td>have visited their doctor within the last six months.</td>
</tr>
<tr>
<td>***</td>
<td>91%</td>
<td>86%</td>
<td>have visited their doctor within the last year.</td>
</tr>
</tbody>
</table>

* 72% 76%    got at least 8 hours sleep on the night before the survey.
* 75% 79%    of pupils had a net positive (internal) health locus of control score.

Tests: Chi-squared ($\chi^2$).

KEY:  
* $p < 0.05$ (5%)  
** $p < 0.01$ (1%)  
*** $p < 0.001$ (0.1%).
Food and Diet

Health
Q18. When choosing what to eat, do you consider your health?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Never</th>
<th>Sometimes</th>
<th>Quite often</th>
<th>Very often</th>
<th>Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your School</td>
<td>12</td>
<td>51</td>
<td>18</td>
<td>15</td>
<td>5</td>
</tr>
<tr>
<td>Wider Data</td>
<td>15</td>
<td>49</td>
<td>18</td>
<td>11</td>
<td>7</td>
</tr>
</tbody>
</table>

19% (21%) of boys and 5% (10%) of girls responded that they ‘never’ consider their health when choosing what to eat, while 15% (14%) of boys and 24% (21%) of girls do so ‘very often’ or ‘always’.

Q18. Percentage answering they never consider their health when eating.

<table>
<thead>
<tr>
<th></th>
<th>Your School</th>
<th>Wider Data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boys</td>
<td>Yr 8: 14</td>
<td>Yr 10: 24</td>
</tr>
<tr>
<td>Girls</td>
<td>Yr 8: 6</td>
<td>Yr 10: 4</td>
</tr>
</tbody>
</table>

Q18. Percentage answering they ‘very often’ or ‘always’ consider their health when eating.

<table>
<thead>
<tr>
<th></th>
<th>Your School</th>
<th>Wider Data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boys</td>
<td>Yr 8: 16</td>
<td>Yr 10: 31</td>
</tr>
<tr>
<td>Girls</td>
<td>Yr 8: 22</td>
<td>Yr 10: 26</td>
</tr>
</tbody>
</table>

Dieting

We typically see marked boy/girl differences for this question: In your survey 32% (40%) of boys and 66% (59%) of girls would like to lose weight. 45% (44%) of pupils are happy with their weight as it is.

Q14. Percentage answering they would like to lose weight.

<table>
<thead>
<tr>
<th></th>
<th>Your School</th>
<th>Wider Data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boys</td>
<td>Yr 8: 41</td>
<td>Yr 10: 23</td>
</tr>
<tr>
<td>Girls</td>
<td>Yr 8: 56</td>
<td>Yr 10: 76</td>
</tr>
</tbody>
</table>

Q14. Percentage answering they would like to lose weight.

<table>
<thead>
<tr>
<th></th>
<th>Your School</th>
<th>Wider Data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boys</td>
<td>Yr 8: 32</td>
<td>Yr 10: 66</td>
</tr>
<tr>
<td>Girls</td>
<td>Yr 8: 49</td>
<td>Yr 10: 71</td>
</tr>
</tbody>
</table>
Comparison to previous surveys?

### Comparison headlines – 2012 / 2010

<table>
<thead>
<tr>
<th></th>
<th>2012</th>
<th>2012</th>
<th>2010</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Yr 8</td>
<td>Yr 10</td>
<td>Yr 8</td>
<td>Yr 10</td>
</tr>
<tr>
<td>Boys</td>
<td>47</td>
<td>87</td>
<td>94</td>
<td>77</td>
</tr>
<tr>
<td>Girls</td>
<td>67</td>
<td>85</td>
<td>92</td>
<td>83</td>
</tr>
</tbody>
</table>

2010 data in brackets; see notes on interpreting differences.

### You and Your School

**HOME LIFE**
- 64% (62%) of pupils responded that they live with their mother and father together.
- 22% (19%) of pupils responded that they live ‘mainly or only’ with their mother.

**SCHOOL LESSONS**
- 40% (42%) of pupils responded that they enjoy ‘most’ or ‘all’ of their lessons at school.
- 13% (14%) of pupils responded that they enjoy ‘hardly any’ of their lessons at school.

### ATTENDANCE
- 13% (17%) of pupils responded that they haven’t been absent in the last 12 months, while 82% (76%) said they have been and their parents / carers have ‘always’ known.
- 4% (6%) of pupils responded that they have been absent in the last 12 months and their parents have ‘never’ or only ‘sometimes’ known.

### ASTHMA AND MEDICATION
- 16% (14%) of pupils responded that they have asthma. 5% (8%) said they ‘don’t know’ if they do.
- 12% (13%) of pupils said that they take daily medicine for asthma.
- 10% (12%) of pupils responded that they ‘often’ or ‘always’ get a ‘wheeze’ and a tight chest when they run or play sport, while 54% (52%) said they ‘never’ do.

### Food and Nutrition

**HEALTH**
- 21% (12%) of pupils responded that they ‘never’ consider their health when choosing what to eat.
- 13% (15%) of pupils said that they ‘very often’ or ‘always’ consider their health when choosing what to eat.

**DIETING**
- 10% (12%) of pupils said they would like to put on weight.
What do schools need to do?

- Letters home to parents
- Brief other members of staff
- Block time on the timetable
- Test the survey as a pupil (online)
- Plan introduction for pupils
- Plan for receipt of results
In the pack

- Collecting Good Data manual
- Session Guide/Quick Guide
- Supervisor’s Guide/notes
- Letter for parents
- Paper copy of questionnaire
Collecting Good Data...

Online Surveys

How to plan and carry out an online survey in your school
A handbook for survey organisers and school survey co-ordinators

See separate Tutors’ Online Navigation Guide to access the online system.
You will need your User name (number) and password to log on as Tutor.

School name

User name:

Password:
Session Guides

Quick Guide

1. Read through the questionnaire. Some time-taking of additional support to be available for students who may need this, and additional activities for those who complete the exercise early might be helpful.

2. Please test the questionnaire online. You can log in as a Tutor using your password and find your way to Surveys – Test (see separate Tutor’s Navigation Guide), or use the Pupil login with the Student ID “TEST”.

3. Some advance preparation is needed so that students know their home postcode. Please note we do not enter the whole postcode into the database but because they vary in length, we ask for it all in the first instance and pare it back to the part-code that we need.

4. Identify time on the calendar for students to complete the exercise, NOT ON A MONDAY nor the week immediately AFTER A HOLIDAY (some questions ask about yesterday or last week).

5. Inform parents that the survey will be happening in the near future (see example letter). A prompt about finding the student’s postcode might usefully be included.

6. Select classes who will complete the survey – typically all pupils in years 4/6/8/10 (or a sample of 4 classes or more from large year groups). We ask ideally for 60 minutes to be made available so that the weaker readers will be able to get to the end of the questionnaire. Most will complete it more quickly.

7. Have a briefing meeting with staff who are to supervise classes completing the questionnaires. Hand out Supervisor’s Guide and sheets for Supervisor’s Notes and please stress the importance of returning the latter to you to pass on any feedback. Look through the questionnaire and the Supervisor’s Notes. Please emphasise to staff the need for individual, accurate responses and for privacy between students and supervisors.

8. The classes then complete the survey online. Please collect all Supervisor’s Notes from the different classes.

9. After the survey, please visit the survey website and log in as a Tutor to switch the link OFF/ON. You will be able to do this described in detail for SHEU.

Session Guide for Teachers and co-ordinators

- The online questionnaire should take each pupil less than an hour.
- The survey is totally confidential.
- The importance of the survey should be explained: lots of local schools will be taking part.
- Please discourage consultation and encourage accurate honest answers.
- Please ask pupils to answer all the questions if they can, however if they don’t want to, they don’t have to.
- If the pupil does not complete the questionnaire they may finish it at a later time using the individual student ID that the computer generated for them.

Running the online survey with a class:

Each pupil will need instructions on how to log on to the website. This could be demonstrated via projector prior to the survey.

Log onto www.schoollsurveys.co.uk:

1. Click Pupil’s Login

Pupils need to enter their school code

*** Your school code is: ***

2. Click next and the computer will give them a number (write this down in case the computer crashes or you need to finish the survey another time).

3. Begin answering questions ➤ click next for next page

4. A reminder appears if a question has been omitted

   Click next again if you do not wish to answer the question’s

5. End of questionnaire:

6. Pupils will then have the opportunity to visit a relevant health website according to their age.

Thank you for helping with this survey, please also thank the pupils.
# Supervisors’ Guide & Notes

## Supervisors’ Guide

Please give a copy of this guide to each supervisor.

### 1. Important notes for the supervisor

- **The best atmosphere for completing the questionnaires is created if the supervisor places value in the survey for the school and the Local Authority and discusses this with colleagues and pupils within school.**
- Make sure you have sufficient time for introductory explanations for pupils (such as the practice page) as well as time to actually completing the questionnaires – this will take time when pupils are completing the survey.

### Setting

- **To ensure the students do not copy each other and to ensure answers are honest and independent as possible, it may be necessary to change the setting plan so they are not sitting in self-selected friendship groups.** So no classes have used lessons in conditions.

### Extra help

- **It would be useful to have extra help supervision for those students with lower reading skills.** One helpful approach is to use a test questionnaire to refer to so that the students can keep their own copies hidden while they use at their desk.

### Equipment

- Computer with Internet access (one per pupil).

### 2. Introductory remarks to the group

**Honesty and privacy**

- The supervisor should include the following points in the introduction to groups completing the survey:
  1. The importance of the questionnaire to the commissioner (Local Authority) and to the school in planning appropriate provision for young people. It also offers an opportunity for pupils to have their say.
  2. Honest responses are vital. In other words, do not give answers to please any one else, or the views of the person sitting next to you. Give your own answer. They must be accurate, for example, if they did not brush their teeth yesterday, but they normally do, then say that actually happened. This will average out to an accurate picture if everyone says just what they really did, not what they normally do.
  3. Individual responses are confidential. Teachers will not see them.
  4. Individual students will not be identifiable to the school or the Authority in the results.

### Answering

- "Room conditions" please be quiet, keep your answers private, respect the privacy of others. But if this is not possible and if you are not unsure about any answer you should put your hand up to ask for help. Make use of your screen if you wish before asking for help.
- If you select the wrong number and want to change it, just change to the right one.
- If you do not want to answer a particular question, just leave it out – they system will remind you next time you have letters to check. You can move on. You must answer the questions on the first page.
- You may wish to use the practice page on the front page of the Workbook. Supervisors should encourage this to get pupils used to the format before the survey is started.

## Supervisor’s Notes

### Year group

- Number in this group: __________________________
- Number absence/withdrawn: _____________________

### Time allowed

- Time taken to finish by majority of group: __________

### Any comments on specific questions that may have caused difficulty:

### Any general comments on the exercise:

---

[Image of page from the document]
Who, When and how long

- ALL Year 4, 6, 8, 10 and 12 pupils
- Any day of the week EXCEPT a Monday
  (some questions are about yesterday)
- Not during a week following a school holiday
  (some questions are about last week)
- Adequate time is essential. The session should include an introduction and time for questions
- A realistic time total time is:
  - 50 - 60 minutes for the secondary questionnaire
  ...which includes about 10 minutes for ‘administrative matters’. (Think about your youngest or least able: do they need more time than this?)
Options for less able readers/writers

- Exclude from the survey? (undesirable)
- Additional adult help in the classroom (hide answers when visited at your desk)
- Withdrawal to separate room with extra help
- Read survey through with them
- Headphones (if they are used to this)
- Extra time given after a break
Honest answers?

- Proper classroom atmosphere is vital
- Design of questions: memory not self-image
- Post-questionnaire interviews
- Supervisors’ notes
- Inspection of data by pupils, teachers, parents
- Links between separate questions, e.g. spending money and consumption
- Comparisons with other surveys
Introductory remarks to the class

Importance of the survey

- Local Authority have approached the school for assistance
- The Head teacher, governors etc. have agreed to support this important work
- Say why the school is doing it
- The information will help shape service for young people, as well as being returned to the school to help improve lesson planning
Anonymity

- The information collected must be accurate, therefore pupils must be honest. For example, if they did not wash their hair yesterday, but normally do, please provide the true answer for yesterday.

- Explain to them that they do not need to feel vulnerable by being honest, for the following reasons:
  - The questionnaire is anonymous...
  - The questionnaire is confidential...
  - No one in this school will look at your questionnaire
  - No one can be identified by the school in the results

- Tell them that more than a million pupils have enjoyed the exercise!
Beginning and afterwards

Beginning the questionnaire:
- Discourage consultation (honest answers)
- Pupils to work at their own pace
- If they select the wrong answer, just click again or change it to the right one

As they finish:
- Ask them to check that they have not overlooked any questions
- Decide what to do with the early finishers (check the online websites)
- Please remember to collect and completed Supervisor’s Notes and give feedback via the website/post back
Welcome to School Surveys, here you can design and run internet surveys for your school or group. We provide all the facilities you need for managing a survey whilst it is running and then for analysing or downloading your results. To help you design your survey we have a set of predefined questions on Personal, Social and Health Education (PSHE) topics which you can include.

To complete a survey for your school click Pupil's Login. Before you start you will need to know your school code and student ID.

If you have not done an online survey before you can try the Practice Page to see how it all works.

To login as a tutor and setup online surveys and worksheets click Tutor's Login.

School Surveys can be used by groups of schools or Local Authorities for surveys of wider populations. We provide facilities for you to manage and deploy your surveys. Many of the predefined questions on PSHE topics have been developed and tested by the Schools Health Education Unit over a substantial period of time and they provide reliable information about health issues. Your results for these questions can be compared with large UK samples or against historical trends.

Contact: admin@schools-surveys.co.uk with any problems, questions or feedback on this web site.
There are 5 basic types of question used in this online survey.

**Type 1: Select one answer from a list**

(round radio buttons)

Note: if a question starts with a * like this one you have to answer it before you can go onto the next page.

* Which is your favourite colour?
  
  *Please select one answer*
  
  ○ red
  ○ yellow
  ○ green
  ○ blue

**Type 2: Select many items from a list**

(Square checkbox buttons)

Which colours are you wearing right now?

*Please choose all that apply*

☐ red
☐ yellow
☐ green
Survey Practice Page

There are 5 basic types of question used in this online survey.

**Type 1: Select one answer from a list**

(round radio buttons)

Note: if a question starts with a * like this one you have to answer it before you can go onto the next page.

* Which is your favourite colour?
  
  Please select one answer
  
  ○ red
  ○ yellow
  ○ green
  ○ blue

---

**Type 2: Select many items from a list**

(Square checkbox buttons)

Which colours are you wearing right now?

Please choose all that apply

☐ red
☐ yellow
☐ green
☐ blue

---

**Type 3: Type your answer in a box**

(Text box)
Welcome to School Surveys, here you can design and run internet surveys for your school or group. We provide all the facilities you need for managing a survey whilst it is running and then for analysing or downloading your results. To help you design your survey we have a set of predefined questions on Personal, Social and Health Education (PSHE) topics which you can include.

To complete a survey for your school click Pupil’s Login. Before you start you will need to know your school code and student ID.

If you have not done an online survey before you can try the Practice Page to see how it all works.

School Surveys can be used by groups of schools or Local Authorities for surveys of wider populations. We provide facilities for you to manage and deploy your surveys. Many of the predefined questions on PSHE topics have been developed and tested by the Schools Health Education Unit over a substantial period of time and they provide reliable information about health issues. Your results for these questions can be compared with large UK samples or against historical trends.

Contact: admin@schools-surveys.co.uk with any problems, questions or feedback on this web site.
Pupil survey login

www.SchoolSurveys.co.uk

Survey Login

School Code

Your student ID if you have one

Back   Next

Please type your School Code in the field above and click Next. If you do not know your school code then please ask your teacher or group leader.
PUPILS: Automatic numbering

You can pick up where you left off after a computer hiccup if you remember this number.
Answering questions

Somerset Secondary 2014

The purpose of this questionnaire is to gain information that will help us as a school to provide a programme of education that is right for you. The information will also help people in public health in planning care for young people.

These questionnaires are confidential and will not be read by anyone connected with your school. The research analysis will only show overall percentages not individual answers.

The questionnaire is not a test and you can ask for help whenever you need it.

Also, if there are any questions you do not want to answer you may leave them out.

* A) Are you male or female?
   (Click the circle)

   - Male
   - Female

* B) Which school year are you in?
   (Click the circle)

   - Year 7
   - Year 8
   - Year 9
   - Year 10
   - Year 11

* C) What is your home postcode?
7. How many lessons do you enjoy at school?
   Please choose the nearest answer
   ○ All of them
   ○ Most of them
   ○ About half of them
   ○ Less than half of them
   ○ Hardly any of them

8. After the end of Year 11, do you want to:
   Please answer on each line
<table>
<thead>
<tr>
<th>No</th>
<th>Don't know</th>
<th>Yes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Continue in full-time education?</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Find a job as soon as you can?</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Get training for a skilled job?</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>Stay in the neighbourhood where you live?</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

Website will remind you but will let you go on except 1st page
Intelligent questions

26. Which statement describes you best?
   Please choose the nearest answer
   ○ I have never smoked a cigarette
   ○ I have only ever tried smoking once or twice
   ○ I used to smoke sometimes, but I don’t now
   ○ I smoke occasionally (less than 1 cigarette a week)
   ○ I smoke and would like to give it up
   ○ I smoke and I do not want to give it up

27. Have you smoked in the last 7 days?
   ○ Yes
   ○ No

Page 12

Branch Point Start

How many cigarettes have you smoked in the last 7 days?  
Please type the approximate number if you can’t remember exactly. If NONE, type 0

Branch Point End

28. What do you think are the main reasons for people of your age starting to smoke?
   Please answer on each line

---
You have now come to the end of the questionnaire. If you have time please click the **Review** button below and check through your answers.

If you are sure you don't want to change anything, click **Finish**. After this you will not be able to come back to make any changes.
Testing the survey

Welcome to School Surveys, here you can design and run internet surveys for your school or group. We provide all the facilities you need for managing a survey whilst it is running and then for analysing or downloading your results. To help you design your survey we have a set of predefined questions on Personal, Social and Health Education (PSHE) topics which you can include.

To complete a survey for your school click Pupil’s Login. Before you start you will need to know your school code and student ID.

If you have not done an online survey before you can try the Practice Page to see how it all works.

To login as a tutor and setup online surveys and worksheets click Tutor’s Login.

School Surveys can be used by groups of schools or Local Authorities for surveys of wider populations. We provide facilities for you to manage and deploy your surveys. Many of the predefined questions on PSHE topics have been developed and tested by the Schools Health Education Unit over a substantial period of time and they provide reliable information about health issues. Your results for these questions can be compared with large UK samples or against historical trends.

Contact: admin@schools-surveys.co.uk with any problems, questions or feedback on this web site.
TEST the Survey as a pupil!

SchoolSurveys

Survey Login

School Code

Your school code

Your student ID if you have one

TEST

Back  Next

Please type your School Code in the field above and click Next. If you do not know your school code then please ask your teacher or group leader.
Managing the online survey

Welcome to School Surveys, here you can design and run internet surveys for your school or group. We provide all the facilities you need for managing a survey whilst it is running and then for analysing or downloading your results. To help you design your survey we have a set of predefined questions on Personal, Social and Health Education (PSHE) topics which you can include.

To complete a survey for your school click Pupil's Login. Before you start you will need to know your school code and student ID.

If you have not done an online survey before you can try the Practice.

School Surveys can be used to manage and deploy your surveys of wider populations. We provide facilities for you to test your PSHE topics have been developed and tested by the Schools Health Education Unit. Reliable information about health issues. Your results for these trends.

To login as a tutor and setup online surveys and worksheets click Tutor's Login.
Feedback

We are always looking for feedback on the quality and usefulness of School Surveys. If you have any ideas for improvements please contact admin@schoolsurvey.co.uk.

Links

Healthy Schools Status

Self-validation forms for Healthy Schools Status can now be set up on SchoolSurveys. Forms are available for the following themes:

- Safety
- PSHE
- Health Eating
- Physical Activity
- Emotional Health and Well-Being

These forms allow you to follow the Healthy Schools criteria and where necessary refer to any survey data that you have, which is displayed next to the relevant criteria. Below is an example Healthy Eating Form with some example data. Please let us know if you want this setting up for your Authority or Group.

Home  |  Tutors Page  |  Surveys  |  Worksheets  |  Resources  |  Help

Tutors Page  |  Your Details  |  Reports

Tutors Page

Training

Periodically training courses are planned for teachers. Courses cover the running of surveys, interpretation of data and a view of trends in responses over the years. Please contact Angela Balding on 01392 667272 for further information about the next courses available in your area or e-mail her on angela.balding@sheu.org.uk.
Check school details

School Details

The following details are necessary for research purposes and in order to verify genuine surveys. The details will not be disclosed to any other organisation. Please provide all relevant information as this will help us provide you with the best service we can (mandatory fields are marked with a *). Please remember to regularly update your password.

Type of account: School (for administration use only)
ID: 4708
Datatables: Account can have datatables.
School Name: Example Croydon School
Report Name:
Key Words:
Group Accounts:
Name Contact Unlink
Croydon Daniel Davis Unlink
Link to another Group Account
Address line 1:
Address line 2:
Town:
County:
Postcode:
Telephone:
Fax:
Total number of pupils on roll (approx.):
Finishing the survey

Survey Details

- Organisation name: Example Croydon School
- Survey template: Croydon Secondary 2014
- Survey name: Croydon Secondary Survey 2014
- Date: 2014-03-30
- State: Running
- Login method: Generated IDs
- Location after last survey page: http://www.schoolsurveys.co.uk/finish/finish.htm
- Style sheet: Medium fonts
- Survey Flags: Secure Pages

Update | Cancel

To send us feedback on this survey at any time the best way is to use the feedback form. View survey log.
Feedback

Supervisor’s Guide

1. Important notes for the supervisor

   The best atmosphere for completing the questionnaire is created if the supervisor
   places value in the survey for the school and the Local Authority and addresses
   this with colleagues and pupils within school.

   Make sure you have sufficient time for introductory explanation for pupils (such
   as the practice page) as well as time to actually completing the questionnaire –
   this will vary time when pupils are completing the survey.

Setting

   To ensure the students do not copy in other and to ensure answers are as
   honest and independent as possible, it may be necessary to change the setting
   plan so they are not sitting in self-selected friendship groups. So no classes have
   used diesen conditions.

Extra help

   It would be useful to have extra help operation for those students with lower
   reading skills. One helpful approach is to use a list questionnaire to refer to,
   so that the student can keep their own screen hidden whilst you are at their desk.

Equipment

   Computer with Internet access (one per pupil).

2. Introductory remarks to the group

Honesty

   The supervisor should include the following points in the introduction to groups
   completing the survey:

   1. The importance of the questionnaire to the commissioners (Local Authority)
      and the school in planning appropriate provision by young people. It is also an
      opportunity for pupils to have their say.

   2. Honest responses are vital. In other words, do not give answers unless you
      really mean them, or the source of the question relating to you. Give your own answer!
      They must be sincere. For example, if you did not brush your teeth yesterday, but you
      normally do, say ‘yes’ but don’t say what actually happened. This will
      sometimes help to give an accurate picture if everyone says just what they
      really did not what they ‘normally do’.

   3. Individual responses are confidential. Teachers will not know them.

   4. Individual student will not be identifiable to the school or the authority in the
      results.

Answering

   1. “Team conditions” please – quiet, keep your answers private, respect the
      privacy of others. But this is not just, and if you are not sure of any question
      you should play your hand up to ask for help. Make use your screen if you wish
      before asking for help.

   2. If you select the wrong number, nothing to change it, just change it to the
      right one.

   3. If you do not want to answer a particular question, just leave it out – they
      system will remind you any way you have left it blank. Next question you
      can move on. You must answer the questions on the first page.

   4. You may wish to use the practice page on the front page of the WebApp.
      Supervisor should encourage this to get pupils used to the format before the
      exercise is started.

   2. As they finish

      Please ask the students to go through their answers carefully, checking that they
      have answered every question if possible. Quite often a succession of No
      answers is left uncompleted. Early finishers will be directed to use appropriate
      health websites, which you may wish to include in discussions before.

      Please remember to write your completed Supervisor’s Notes (below) in your
      school PHA Co-ordinator.

Supervisor’s Notes

Year group

Number in this group

Time allowed

Time taken to finish by
majority of group

Any comments on specific questions that may have caused difficulty?

Any general comments on the exercise
**Finding online results & options**

Example Primary School Surveys

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
<th>State</th>
<th>Used/All IDs</th>
<th>Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>2006-01-04</td>
<td>Lifestyle Survey 2006</td>
<td>Running</td>
<td>0/90</td>
<td>Edit View Test Results Data Delete</td>
</tr>
<tr>
<td>2004-02-09</td>
<td>Lifestyle Survey 2004 - Y4</td>
<td>Finished</td>
<td>39/50</td>
<td>Edit View Test Results Data Delete</td>
</tr>
<tr>
<td>2004-01-09</td>
<td>Lifestyle Survey 2004</td>
<td>Finished</td>
<td>72/100</td>
<td>Edit View Test Results Data Delete</td>
</tr>
<tr>
<td>2002-02-01</td>
<td>Dudley Primary Paper 2002 (Ref 42)</td>
<td>Finished</td>
<td>90/90</td>
<td>Edit View Test Results Data Delete</td>
</tr>
</tbody>
</table>

School: Create  Delete  Authority: Create  Delete

---

Note: the Used IDs figure is updated overnight so it will be out of date if you have been surveying today. Click the link to see the current ID usage status.

**P.S. Alternative route to test survey**
Survey Report Options

Your survey

Dudley Primary 2012 (Date: 2012-06-07)

Compare with

Second survey

Dudley Primary 2010 (Date:2010-01-08)

or

Wider data

Select which year groups to report

✓

Combine selected year groups into one data set

✓

Differences Report

☐

Show warnings

✓

Next  Cancel
| A) Are you male or female? | 41. Where do you think young people would like to get condoms or emergency contraception from if they needed it? |
| B) Which school year are you in? | Other Condoms item: |
| C) What is your home postcode? | 42. Do you try anything to avoid sunburn? |
| 1. Which of the following best describes your ethnic background? | 43. How long ago did you last visit the dentist? |
| Other background | 44. How long ago did you last visit the doctor? |
| 2. Which adults do you live with? | 45. On this last visit to the doctor, how did the reception staff and waiting room environment make you feel? |
| Other carer | 46. Do you ever feel afraid of going to school because of bullying? |
| 3. a) Are you a practising member of a religion? (i.e., do you attend a place of worship or worship at home) | 47. Have you been bullied at or near school in the last 12 months? |
| b) If yes, which of the following most nearly describes you? | 48. Have you bullied someone else at school in the last 12 months? |
| Other | 49. How well does your school deal with bullying? |
| 4. Are you disabled or do you have a long-standing illness? | 50. Have any of the following happened to you in the last month? |
| 5. Do you have a special educational need or a learning difficulty? | Other bullying item: |
| 6. a) Are you a ‘young carer’? | 51. Where did they happen? |
| b) If you are a ‘young carer’ who do you look after? | Somewhere else: |
| Other person you look after: | 52. If you have been bullied recently, did you tell anyone about it? |
| c) If you are a ‘young carer’, how much of your time does it take up each day? | 53. ... and did the problem stop? |
| 7. In the last 6 years have you ever had free school meals, or vouchers for free meals? | 54. Do you think you have been picked on or bullied for any of the following? |
| 8. How much do you agree or disagree with these statements? | Other reason for being picked on |
| 9. Which statement describes you best? | 55. How do you rate the following in the area where you live? |
| 10. When choosing what to eat, do you consider your health? | 56. a) In the last 12 months, have you been the victim of violence or aggressive behaviour? |
| 11. In an average week, how often do you? | If yes, who was this |
| 12. What do you think of the school meals service for the following? | 57. a) Do you carry weapons or anything for protection when going out? |
| 13. What did you have before lessons this morning? | b) If you do, what do you carry? |
| Something else: | 58. Have any of these things happened to you in a relationship with a boyfriend/girlfriend? |
| 14. How often do you eat or drink the following? | 59. If any of those things were to happen to you...? |
| 15. How many portions* of fruit and vegetables did you eat yesterday? | 60. How many lessons do you enjoy at school? |
| 16. a) Have you cooked at school in the last 12 months? | 61. How useful have you found school lessons about the following? |
| b) Can you do any of the following? | 62. Do you think it is important to go to school regularly? |
| 17. How much water did you drink yesterday? | 63. In the last 12 months, have any of the following stopped you from going to school? |
Online results tables

<table>
<thead>
<tr>
<th>Are you male or female?</th>
<th>Year 5</th>
<th>Year 6</th>
<th>Total %</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Male %</td>
<td>Female %</td>
<td>Male %</td>
</tr>
<tr>
<td>Male</td>
<td>100 (100)</td>
<td>0 (0)</td>
<td>100 (100)</td>
</tr>
<tr>
<td>Female</td>
<td>0 (0)</td>
<td>100 (100)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Valid Responses (Count)</td>
<td>27 (31)</td>
<td>29 (41)</td>
<td>21 (10)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>How old are you?</th>
<th>Year 5</th>
<th>Year 6</th>
<th>Total %</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Male %</td>
<td>Female %</td>
<td>Male %</td>
</tr>
<tr>
<td>8</td>
<td>0 (0)</td>
<td>0 (0)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>9</td>
<td>48 (61)</td>
<td>31 (29)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>10</td>
<td>52 (35)</td>
<td>69 (71)</td>
<td>43 (10)</td>
</tr>
<tr>
<td>11</td>
<td>0 (3)</td>
<td>0 (0)</td>
<td>57 (90)</td>
</tr>
<tr>
<td>12</td>
<td>0 (0)</td>
<td>0 (0)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>13</td>
<td>0 (0)</td>
<td>0 (0)</td>
<td>0 (0)</td>
</tr>
<tr>
<td>Valid Responses (Count)</td>
<td>27 (31)</td>
<td>29 (41)</td>
<td>21 (10)</td>
</tr>
</tbody>
</table>
Online chart facility

Question: Have any of the following talked with you about drugs?

<table>
<thead>
<tr>
<th>Num</th>
<th>Parents</th>
<th>Teachers, in school lessons</th>
<th>School Nurse</th>
<th>Visitors in school lessons</th>
<th>Friends</th>
<th>Brothers or sisters</th>
<th>Other close relatives</th>
</tr>
</thead>
<tbody>
<tr>
<td>Your</td>
<td>Yr 6 Boys 37</td>
<td>65%</td>
<td>76%</td>
<td>14%</td>
<td>54%</td>
<td>36%</td>
<td>17%</td>
</tr>
<tr>
<td></td>
<td>Yr 6 Girls 20</td>
<td>60%</td>
<td>90%</td>
<td>24%</td>
<td>68%</td>
<td>37%</td>
<td>11%</td>
</tr>
<tr>
<td></td>
<td>survey 2 Yr 6 Boys 35</td>
<td>43%</td>
<td>43%</td>
<td>11%</td>
<td>20%</td>
<td>26%</td>
<td>17%</td>
</tr>
<tr>
<td></td>
<td>survey 2 Yr 6 Girls 21</td>
<td>74%</td>
<td>81%</td>
<td>5%</td>
<td>26%</td>
<td>37%</td>
<td>26%</td>
</tr>
</tbody>
</table>
Supporting the health of YOUNG PEOPLE IN Example LA
Findings from the Health Related Behaviour Survey 2012
Emotional Health and Wellbeing

Example LA schools have been using the Health Related Behaviour Survey every 2 years since 2000 as a way of gathering information about the emotional health and wellbeing of young people in their schools. This latest cycle of the survey was undertaken by the Example LA Healthy Schools Team and funded by Example LA City Council, local Example LA Healthy Schools Trust and other Example LA partners.

The content of the survey has been widely consulted upon and tailored for Example LA’s local context. Three separate versions of the survey have been used with age appropriate questions as standard. This report focuses on the primary and secondary versions of the survey. Teachers were asked to collect the most reliable data about each school’s use of the survey by Example LA Healthy Schools Trust and funded (for example LA City Council, local Example LA Healthy Schools Trust and other Example LA partners).

The survey has been completed by over 6,000 young people involved in the survey.

Comparison

Comparison of the survey results with the local authority’s Health Improvement Plan for Example LA is undertaken by Example LA Healthy Schools Team. The comparison is done to highlight areas for improvement and to set targets for the local authority’s Health Improvement Plan.

Themed reports. This is number 4 of 4 reports:
1) Relationships and Sexual Health
2) Drug Education and Substances
3) Emotional Health and Wellbeing
4) Healthy Lifestyles
Alcohol last week
Pushed/hit for no reason last month
Using the Internet at home

[Graph showing the percentage of households using the internet at home from 2000 to 2012, with data points for Year 5, Year 6, Year 8, and Year 10.]
Enjoy physical activities
**Primary FSM vs. Non-FSM**

- **Live with both parents**: FSM - 43%, Non-FSM - 76%
- **Have at least 3 siblings**: FSM - 40%, Non-FSM - 18%
- **Low self-esteem**: FSM - 38%, Non-FSM - 23%
- **Wont smoke when older**: FSM - 71%, Non-FSM - 90%
- **Alcohol last 7 days**: FSM - 13%, Non-FSM - 2%
- **Say they are a ‘Young Carer’**: FSM - 23%, Non-FSM - 11%
- **Accident last 12 months**: FSM - 36%, Non-FSM - 21%
- **Social networking often/every day**: FSM - 36%, Non-FSM - 23%

Sample Size (Year 4 & 6):
- Boys 61 vs. 570
- Girls 55 vs. 531
Bullied last 12 months vs. not bullied

- Afraid to go to school
  - Bullied: 68%
  - Not bullied: 10%

- Happy with life
  - Bullied: 49%
  - Not bullied: 83%

- Lower self-esteem
  - Bullied: 61%
  - Not bullied: 19%

- Worry about exams
  - Bullied: 52%
  - Not bullied: 39%

- Good at making friends
  - Bullied: 53%
  - Not bullied: 74%

- Internet approach
  - Bullied: 26%
  - Not bullied: 13%

- Want to lose weight
  - Bullied: 65%
  - Not bullied: 37%

- Feel like part of school
  - Bullied: 36%
  - Not bullied: 58%

Sample Size (Year 8 & 10): Boys 96 vs. 276 Girls 122 vs. 211